



**PHSE Policy  
February 2008**

# Lakenham Primary School

## PSHE and Citizenship Policy

### **Rationale**

Recent and significant Government initiatives have signalled the importance of Personal, Social and Health Education and Citizenship to the primary school curriculum. The most recent PSHE report reminds schools of section 351 of the Education Act 1996, which reaffirms that "Personal and Social Development is a statutory entitlement for all pupils and should therefore be a school's core business." This entitlement requires all schools to provide "a balanced and broadly based curriculum" which:

- Aims to provide pupils' spiritual, moral, social and cultural development
- prepares such pupils for the opportunities, responsibilities and experiences of life

At Lakenham Primary School, Personal, Social and Health Education and Citizenship contributes to the school curriculum by helping give pupils the skills, knowledge and understanding to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

### **Aims and Objectives**

- to develop self esteem, confidence, independence and responsibility; and to make the most of their abilities;
- To play an active role as future citizens and members of society;
- To develop a healthy lifestyle and keep themselves and others safe;
- To develop effective and fulfilling relationships and learn to respect the differences between people;
- to develop skills, knowledge and understanding in a variety of areas.

### **Personal, Social and Health Education and Citizenship Programme and Organisation**

#### **Key Stage 1**

During key stage 1, pupils learn about themselves as developing individuals and as members of their communities, building on their own experiences and on the early learning goals for personal, social and emotional development. They learn the basic rules and skills for keeping themselves healthy and safe and for behaving well. They have opportunities to show they can take some responsibility for themselves and their environment. They begin to learn about their own and other people's feelings and become aware of the views, needs and rights of other children and older people. As members of a class and school community, they learn social skills such as how to share, take

turns, play, help others, resolve simple arguments and resist bullying. They begin to take an active part in the life of their school and its neighbourhood.

## **Key Stage 2**

During Key stage 2 pupils learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own choices and behaviour can affect local, national or global issues and political and social institutions. They learn how to take part more fully in school and community activities. As they begin to develop into young adults, they face the changes of puberty and transfer to secondary with support and encouragement from their school. They learn how to make more confident and informed choices about their health and environment; to take more responsibility, individually and as a group, for their own learning; and to resist bullying.

## **Approaches to, and organisation, of Personal, Social and Health Education and Citizenship.**

At Lakenham Primary School children experience Personal, social and Health Education and Citizenship in a variety of ways;

- Personal, Social and Health Education and Citizenship is a subject in its own right and has an explicit place within the curriculum.
- It is explored through other subjects such as Science, Literacy, Geography, RE, PE, History and ICT.
- Themes are explored through school, year and class assemblies.
- Circle Time offers an ideal opportunity for exploring many issues in this subject area (but should not be the only vehicle by which Personal, Social and Health Education and Citizenship is taught).
- Visitors are welcomed from the police, road safety team and medical professions.
- Children are encouraged to take part in a wide range of activities and experiences beyond the curriculum (eg School Council), contributing fully to the life of the school.
- Visits are arranged to support the curriculum Various charities are supported (eg NCH, Barnados)
- Various days are recognised (eg No Smoking Day, red Nose Day etc)

## **Equal Opportunities**

We are committed to working towards equality of opportunity in all aspects of school life. Personal, Social and Health Education and Citizenship should be relevant and accessible to all children. (Refer to The Equal Opportunities Policy).

### **Role of the Co-ordinator**

It is the role of the co-ordinator to liase, monitor, review and plan with the class teachers to ensure the effective delivery of the programme. The co-ordinator will be responsible for managing the budget and providing resources. It is also the role of the co-ordinator to ensure that all new developments are disseminated to all staff and support the school in obtaining Healthy School Status.

### **Reference to other policies**

Equal Opportunities

Drugs

Sexuality, Personal Development and Relationships

Science

### **Description of Policy Formation and Consultation process**

This policy was written in consultation with the governors, senior management and staff.

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